



IMPACT TRAINING CLASSES



**\$135
PER
PLAYER**



Our dynamic training classes are back for the off-season. These classes are structured in a 4 week format in small groups of 4 players. Our instructors will lead players through a series of progressive classes following core curriculum points developed by our staff. Our goal for these classes is for players to leave with a plan on what they are trying to accomplish on the field. Repetitions and drills are a key component of the classes.

- OPEN TO PLAYERS 7U-12U
- \$135 PER PLAYER
- 4 WEEKS, 1 HOUR PER WEEK
- 4:1 PLAYER TO INSTRUCTOR RATIO
- NO MAKE-UP CLASSES WILL BE OFFERED

DECEMBER SESSIONS

Sundays (12/1, 12/8, 12/15, 12/22)

HITTING 1-2pm **PITCHING** 2-3pm

**FOR A SCHEDULE OF
FUTURE SESSIONS,
VISIT
BNSSPORTS.US**

Please mail completed form with check or credit card info to: Balls -n- Strikes Ballwin, 203B Ramsey Lane, Ballwin, MO 63021 - Fax 636-394-2256

Name _____ Birthdate _____

Address _____ State _____ Zip _____

Phone 1 _____ Phone 2 _____

Parent's Name _____ Email _____

Parent/Guardian Name & Signature _____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention.
I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp.

Credit Card # (MC, VISA, Discover) _____ Expires _____ CCV _____

Credit Card Signature _____

CALL 636-394-2255 TO REGISTER!

If only one player registers, the session will switch to 3 private lessons, 30 minutes each.