

## IMPACT

## TRAINING CLASSES



## \$135 PER PLAYER



Our dynamic training classes are back for the off-season. These classes are structured in a 4 week format in small groups of 4 players. Our instructors will lead players through a series of progressive classes following core curriculum points developed by our staff. Our goal for these classes is for players to leave with a plan on what they are trying to accomplish on the field. Repetitions and drills are a key component of the classes.

- OPEN TO PLAYERS 7U-12U
- \$135 PER PLAYER
- 4 WEEKS, 1 HOUR PER WEEK
- 4:1 PLAYER TO INSTRUCTOR RATIO
- NO MAKE-UP CLASSES WILL BE OFFERED

## MARCH SESSIONS

	□ <b>HITTING</b> 1-2pm □ <b>P</b> I	<b>TCHING</b> 2-3pm	
	Sundays (3/8, 3/15, 3/22, ☐ HITTING 1-2pm ☐ P	,	
Please mail completed form with c	heck or credit card info to: Balls -n- Strikes Ballwin, 203	BB Ramsey Lane, Ballwin, MO 63021 - Fax 636-	394-2256
lame	Birthd	ate	
	Birthd Sta		
address	Sta		
	Star Phone 2	te Zip	
Phone 1 Parent's Name Parent/Guardian Name & Signature	Phone 2  Email  to act for me according to his/her best judgment in an emergency requiring medi	te Zip	

Fridays (3/6, 3/13, 3/20, 3/27)

□ *HITTING* 5-6pm □ *PITCHING* 6-7pm