

7th and 8th Grade High School Development Camp

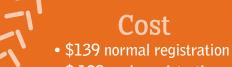
Don't miss out on this dynamic position-specific skill development camp designed solely for 7th and 8th graders. Balls-n-Strikes is hosting four weeks of camp designed specifically for ballplayers approaching their high school careers.

Details

- Camps run Monday thru Thursday, 9 am 1 pm (Friday is the rain make-up day)
- Players must wear baseball pants (for sliding and baserunning drills)
- Please label all equipment

Dates and Locations

June 6–9 St. Peters Centre June 13–16 Chesterfield Valley June 27–30 Chesterfield Valley



• \$ 129 early registration (register by April 15)

Players will go through a four day camp of intense training consisting of position specific rotations in:

Hitting Infield Outfield Pitching

Baserunning Agility Stretching & Throwing Program

636.394.2255

Intersquad games will be played each day.

www.bnssports.us

2011 7 th and 8 th Grade High Sc	chool Development Camp
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Send completed form with check or credit card info to: Balls-n-Strikes, 203B R	Ramsey Lane, Ballwin, MO 630	21 Fax: 636.394.	2256 www.bnssports.us
Name		Birthdate	<u> </u>
Address			
City		Zip	
Phone H	Phone W		
Phone C	Email		
Parent/Guardian Name & Signature_ I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emerg participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at	ency requiring medical attention. I know of no ment	al or physical problems, which might a	ffect my child's ability to safely
Credit Card # (MC, VISA, Discover)			Exp/
Credit Card Signature			
	Camps: ☐ June 6–9		