



Holiday Camps

Cost \$50

Celebrate the National Holidays with your favorite National Pastime at Balls-n-Strikes! Join our staff of certified instructors as they take you through a series of teaching rotations including hitting, pitching, fielding, game strategies, and cageball! Players will be grouped in six based on age with one instructor. All instructors have a minimum of collegiate level playing experience. Register individually or as a group/team.

Martin Luther King Day (January 18, 2010)

Session 1 9:00 am – 11:30 am
Session 2 12:30 pm – 3:00 pm

Presidents' Day (February 15, 2010)

Session 1 9:00 am – 11:30 am
Session 2 12:30 pm – 3:00 pm

Balls-n-Strikes Ballwin
203B Ramsey Lane
Ballwin, MO 63021
P: 636.394.2255
F: 636.394.2256

Balls-n-Strikes Fenton
815 Sun Park Suite B
Fenton, MO 63026
P: 636.343.2256
F: 636.326.1290

Balls-n-Strikes O'Fallon
1071 Cool Springs Ind. Dr.
O'Fallon, MO 63366
P: 636.474.2255
F: 636.474.2256

Balls-n-Strikes Westport
11645 Northline Ind. Blvd.
Maryland Heights, MO 63043
P: 314.890.2255
F: 314.993.2201



Spring Break Hit Camp Cost \$70

This popular program focuses on fundamental hitting development. Players in groups of six will be rotating with one instructor through several hitting stations throughout the day learning new drills to improve their hitting. Our staff of certified instructors is set to go with a structured outline that will build from the first day to the second day. Register individually or as a group/team. Limited space is available.

March 16–17 (Tuesday and Wednesday)

Session 1 9:30 – 11:30 am
Session 2 12:30 pm – 2:30 pm

Balls-n-Strikes Ballwin
203B Ramsey Lane
Ballwin, MO 63021
P: 636.394.2255
F: 636.394.2256

Balls-n-Strikes Fenton
815 Sun Park Suite B
Fenton, MO 63026
P: 636.343.2256
F: 636.326.1290

Balls-n-Strikes O'Fallon
1071 Cool Springs Ind. Dr.
O'Fallon, MO 63366
P: 636.474.2255
F: 636.474.2256

Balls-n-Strikes Westport
11645 Northline Ind. Blvd.
Maryland Heights, MO 63043
P: 314.890.2255
F: 314.993.2201

Balls-n-Strikes

STRIKE 3 GUARANTEE

1. Provide the highest quality instruction
2. Provide the highest level of organization
3. Be fun for all participants



For more information visit www.bnssports.us

Name _____
Address _____
City _____
State _____ Zip _____ Birthdate ____/____/____
Phone H _____ Phone W _____
Phone C _____ Email _____

Parent/Guardian Name & Signature _____

I hereby authorize the director of the Balls-n-Strikes camp/program to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp/program. I will be responsible for any medical or any other charges in connection with his/her attendance in this camp/program. I agree to abide by the rules and regulations of the camp/program.

Credit Card # (MC, VISA, Discover) _____ Exp ____/____

Credit Card Signature _____

Holiday Camps

Location

- Ballwin, MO
- Fenton, MO
- O'Fallon, MO
- Westport, MO

Session

- Session 1
- Session 2

Spring Break Hit Camp

Location

- Ballwin, MO
- Fenton, MO
- O'Fallon, MO
- Westport, MO

Session

- Session 1
- Session 2

Send completed form with check or credit card info to the training facility of choice. See above for address.