7th and 8th Grade High School Development Camp

Don't miss out on this dynamic position-specific skill development camp designed solely for 7th and 8th graders. Balls-n-Strikes is hosting four weeks of camp designed specifically for ballplayers approaching their high school careers.

Details

- Camps run Monday thru Thursday, 9 am – 1 pm (Friday is the rain make-up day)
- Players must wear baseball pants (for sliding and baserunning drills)
- Please label all equipment

Dates and Locations

June 6–9	St. Peters Centre
June 13–16	Chesterfield Valley
June 27–30	Chesterfield Valley

Cost

- $139 normal registration
- $ 129 early registration (register by April 15)

Players will go through a four day camp of intense training consisting of position specific rotations in:

Hitting Infield Outfield Pitching

Baserunning Agility Stretching & Throwing Program

636.394.2255

Intersquad games will be played each day.

www.bnssports.us

2011 7th and 8th Grade High School Development Camp

Send completed form with check or credit card info to: Balls-n-Strikes, 203B Ramsey Lane, Ballwin, MO 63021 Fax: 636.394.2256 www.bnssports.us

Name_____ Birthdate_____/_____/_____

Address_____

City_____ State_____ Zip_____

Phone H_____ Phone W_____

Phone C_____ Email_____

Parent/Guardian Name & Signature_____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Credit Card # (MC, VISA, Discover)_____ Exp_____/_____

Credit Card Signature_____

Position: ☐ P ☐ C ☐ 1B ☐ 2B ☐ 3B ☐ SS ☐ OF

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