



# 6-Week Training Class

The Balls-n-Strikes Baseball Training Program focuses on fundamental development. The success of this program has been proven through player results over the last several years. Players select hitting, pitching, catching or fielding for the ENTIRE 6-week program.

The program is designed for players between the ages of 5 and 13 and incorporates graduation levels so players can build week-to-week and stay on track during these important fundamental development years. Players will be divided into groups of four based on age and ability.

<b>September</b>	Sundays (3-4 pm, 4-5 pm, 5-6 pm)	9-11	9-18	9-25	10-2	10-9	10-16
	Mondays (5-6 pm, 6-7 pm)	9-12	9-19	9-26	10-3	10-10	10-17
	Wednesdays (5-6 pm, 6-7 pm)	9-14	9-21	9-28	10-5	10-12	10-19
<b>November</b>	Sundays (3-4 pm, 4-5 pm, 5-6 pm)	11-13	11-20	11-27	12-4	12-11	12-18
	Mondays (5-6 pm, 6-7 pm)	11-14	11-21	11-28	12-5	12-12	12-19
	Wednesdays (5-6 pm, 6-7 pm)	11-16	11-23	11-30	12-7	12-14	12-21
<b>January</b>	Sundays (3-4 pm, 4-5 pm, 5-6 pm, 6-7 pm, 7-8 pm)	1-15	1-22	1-29	OFF	2-12	2-19
	Mondays (5-6 pm, 6-7 pm, 7-8 pm)	1-16	1-23	1-30	2-6	2-13	2-20
	Wednesdays (5-6 pm, 6-7 pm, 7-8 pm)	1-18	1-25	2-1	2-8	2-15	2-22
<b>March</b>	Sundays (3-4 pm, 4-5 pm, 5-6 pm, 6-7 pm, 7-8 pm)	2-26	3-4	3-11	3-18	3-25	4-1
	Mondays (5-6 pm, 6-7 pm, 7-8 pm)	2-27	3-5	3-12	3-19	3-26	4-2
	Wednesdays (5-6 pm, 6-7 pm, 7-8 pm)	2-29	3-7	3-14	3-21	3-28	4-4
<b>April</b>	Sundays (3-4 pm, 4-5 pm, 5-6 pm)	4-15	4-22	4-29	5-6	5-13	5-20
	Mondays (5-6 pm, 6-7 pm)	4-16	4-23	4-30	5-7	5-14	5-21
	Wednesdays (5-6 pm, 6-7 pm)	4-18	4-25	5-2	5-9	5-16	5-23

### Balls-n-Strikes Ballwin

203B Ramsey Lane  
Ballwin, MO 63021  
P: 636.394.2255  
F: 636.394.2256

**PLEASE RETURN THE REGISTRATION FORM  
TO THE BALLS-N-STRIKES FACILITY OF YOUR CHOICE**

### Balls-n-Strikes Brentwood

1427 Strassner Drive  
Brentwood, MO 63144  
P: 314.963.1110  
F: 314.963.1125

### Balls-n-Strikes Fenton

815 Sun Park Suite B  
Fenton, MO 63026  
P: 636.343.2256  
F: 636.326.1290

### Balls-n-Strikes South County

11133 Lindbergh Business Ct.  
St. Louis, MO 63123  
P: 314.845.2255

### Balls-n-Strikes Westport

11645 Northline Ind. Blvd.  
Maryland Heights, MO 63043  
P: 314.890.2255  
F: 314.993.2201

\$175 per player

4:1 player to instructor ratio

6 consecutive weeks

## 6-Week Training Class

www.bnssports.us

Send completed form with check or credit card info to the facility of choice.

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone H \_\_\_\_\_ Phone W \_\_\_\_\_

Phone C \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Name & Signature \_\_\_\_\_

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Credit Card # (MC, VISA, Discover) \_\_\_\_\_ Exp \_\_\_\_/\_\_\_\_

Credit Card Signature \_\_\_\_\_

Program:  Hitting  Fielding  
 Pitching  Catching

Location:  Ballwin  South County  
 Brentwood  Westport  
 Fenton

Month:  January  February  April  
Time:  3-4 pm  4-5 pm  5-6 pm  
 6-7 pm  7-8 pm

Day:  Sun  Mon  Wed